

ABSTRAK

Latar Belakang: *Low Back Pain* (LBP) merupakan kondisi muskuloskeletal yang paling umum ditemukan pada orang dewasa . Namun tidak semua penderita LBP mencari pengobatan. Pencarian pengobatan berhubungan dengan keyakinan pasien terhadap aspek-aspek yang tidak dapat dihindarkan di masa depan sebagai konsekuensi LBP. **Tujuan:** Untuk mengetahui gambaran karakteristik demografi dan keyakinan pasien terhadap konsekuensi LBP di Rumah Sakit Haji Medan pada bulan September-Desember 2016. **Metode:** Desain penelitian adalah *cross sectional study*. Penelitian ini menggunakan *Back Belief Questionnaire (BBQ)*. Sampel penelitian adalah semua pasien LBP di Rumah Sakit Haji Medan pada bulan September-Desember 2016. **Hasil:** Kelompok usia terbanyak penderita LBP adalah 56-65 tahun (68,3%). Pekerjaan terbanyak penderita LBP adalah pegawai (31%). Pendidikan terakhir terbanyak penderita LBP adalah S1 (46,5%). Rata-rata skor BBQ penderita LBP yaitu 30,29. **Kesimpulan:** Keyakinan penderita LBP positif terhadap konsekuensi LBP di Rumah Sakit Haji Medan.

Kata kunci: *Back Beliefs Questionnaire (BBQ)*, **Keyakinan, Low back pain,**

ABSTRACT

Background: *Low back pain* was very common musculoskeletal condition that was found in adults. Not all patients with LBP looked for treatment. Care-seeking behaviour related with patient's beliefs against aspects that could not be avoided in the future as a consequences of LBP. **Objective:** To know the description of demographic characteristics and the patient's beliefs against the consequences of LBP in RS Haji Medan in September-December 2016. **Methods:** The research design was cross sectional study. This research used the *Back Beliefs Questionnaire (BBQ)*. The samples were all patients with LBP in RS Haji Medan in September-December 2016. **Results:** The highest age group of patient with LBP was 56-65 years old (68.3%). The highest job of patient with LBP was employee (31%). The highest education of patient with LBP was bachelor degree (46.5%). The mean of patient with LBP's BBQ score was 30.29. **Conclusion:** Patient's beliefs with LBP was positive against consequences of LBP in RS Haji Medan.

Keywords: *Back Beliefs Questionnaire (BBQ)*, **Beliefs, Low back pain,**