# MAJELIS PENDIDIKAN TINGGI <br> UNIVERSITAS MUHAMMADIYAH SUMATERA UTARA FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN 

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benar telah melakukan seminar proposal skripsi pada hari Kamis , tanggal 12, Bulan Oktober, Tahun 2017

Demikianlah surat keterangan ini dibuat untuk memperoleh surat izin riset dari Dekan Fakultas. Atas kesediaan dan kerjasama yang baik, kami ucapkan terima kasih.

Medan, Oktober 2017


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MTs Babul Ulum
di-
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Assalamu'alaikum Warahmatullahi Wabarakaatuh
Wa ba'du, semoga kita semua sehat wal'afiat dalam melaksanakan kegiatan-aktifitas seharihari, sehubungan dengan semester akhir bagi mahasiswa wajib melakukan penelitian/riset urtuk pembuatan skripsi sebagai salah satu syarat penyelesaian Sarjana Pendidikan, maka kami mohon kepada Bapak/Ibu Memberikan izin kepada mahasiswa untuk melakukan penelitian/riset di Sekolah Bapak/İbu pimpin. Adapun data mahasiswa kami tersebut sebagai berikut :

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.Program Studi : Pendidikan Bahasa Inggris
Judul Penelitian : The Implementation Of Speed Reading Technique To Increase Narrative Text Of The Students' Reading Skill.

Demikian hal ini kami sampaikan, atas perhatian dan kesediaan serta kerjasama yang baik dari Bapak kami ucapkan terima kasih. Akhirnya selamat sejahteralah kita semuanya, Amin.

Wa'alaikumssalam Warahmatullahi Wabarakatuh.


[^0]
# YAYASAN PENDIDIKAN ISLAM BABUL 'ULUM MADRASAH TSANAWIYAH 

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Assalamuaiaikum Wr.Wb.
Dengan hormat, Sesuai dengan permohonan mahasiswi saudara pada tanggal 13 februari 2018 untuk mohon izin Penelitian/Riset, maka dengan ini kami terangkan bahwa mahasiswa saudara tersebut :

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Benar telah mengadakan penelitian guna mendapatkan informasi / keterangan data-data yang berhubungan dengan penyusunan skripsi yang disusun oleh bersangkutan pada MTs.S BABUL 'ULUM Pajak Rambe Medan Labuhan dengan judul skripsi :

## " THE IMPLEMENTATION OF SPEED READING TECHNIQUE TO INCREASE NARRATIVE TEXT OF THE STUDENTS' READING SKILL ".

Demikian surat ini kami perbuat dengan sebenarnya untuk dapat dipergunakan dengan seperlunya.


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Dengan ini mengajukan seminar proposal skripsi kepada Bapak/ Ibu.

Sebagai bahan pertimbangan Bapak/ Ibu saya lampirkan:

1. Fotocopy proposal skripsi yang telah disetujui Pembimbing satu eksemplar
2. Kwitansi biaya seminar satu lembar (asli dan fotocopy)
3. Kwitansi SPP yang sedang berjalan satu lembar (asli dan fotocopy)
4. Fotocopy K1, K2, K3 masing-masing satu lembar

Demikianlah seurat permohonan ini saya sampaikan ke hadapan Bapak/Ibu. Atas kesediaan Bapak/ Ibu mengabulkan permohonan ini saya ucapkan terima kasih

Wassalam
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Medan Agustus 2017
Hormat Saya
Yang membuat pernyataan,

## (Erwandi Hidayat)

Diketahui oleh Ketua Program Studi,
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## PROPOSAL

## Submitted in Partial Fulfillment of the Requirements Fot the Degree of Sarjana Pendidikan (S.Pd) English Education Program

 BY:
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NPM : 1302050217


FACULTY OF TEACHER'S TRAINING AND EDUCATION UNIVERSITY OF MUHAMMADIYAH SUMATERA UTARA

MEDAN

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The researcher realizes that this thesis is still far from being perfect, so the researcher hopes the suggestions and comments from all the readers or the researcher who want to study and learn to understand this study.

Finnaly, the researcher hopes that this study will be useful for the readers, especially, the students of English Education Program who want to do same research and also for the researcher hisself. May Allah SWT bless all of us. Amin.

Medan, september 2018
The researcher

Erwandi Hidayat


#### Abstract

Erwandi Hidayat. 1302050217. "The Implementation of Speed Reading Tehnique To Increase Narrative Text of The Students’ Reading Skill". Skripsi, English Education Program of Teachers' Training and Education, University of Muhammadiyah Sumatera Utara, Medan 2018


This study deals with implementation of speed reading tehnique to increase narrative text of the students reading skill. The objectives of the study are to find out ability the students in reading especially in narrative text. The tehnique used in this research was using CAR ( Class action Research). The data of this study are taken from research in MTs,S Babul Ulum. The result of data it was concluded that there was some significant improvements of students' participation from cycle I and cycle II. The students' activeness was $39 \%$ in cycle I and $93 \%$ in cycle II. It meant that it increased $54 \%$. The students' timing was $49 \%$ of cycle I and $100 \%$ of cycle II. It improved $51 \%$. In addition, students' participation in asking was $34 \%$ of cycle I and 84 of cycle II. It increased $50 \%$. In answering some questions, students' participation was $26 \%$ of cycle I and 79 of cycle II. It increased $53 \%$. The last, students' participation of giving opinion was $26 \%$ of cycle I and 78 of cycle II. It improved $52 \%$. Finally, learning speed reading was helpful and interacting the students in the process of teaching and learning reading narrative text.

## CHAPTER I <br> INTRODUCTION

## A. Background of the Problem

Learning English is seen as the important aspect in teaching and learning process. In many school English is seen as the important subject that should be mastered by all of students. Actually there are some aspect that must be understood by the student in learning English one of them is reading comprehension. There are many English teachers that used the reading comprehension test to occur their students understanding in mastering English. So the students asked to really understand in answering or finding out of the main information from the text that used as material of test.

In addition, in reading process there are many kinds of the text that commonly taught such as descriptive, narrative, recount, report, procedure and many else. Legend is one of the text type that actually used by English teacher. It was on of genre narrative text that commonly tells the reader about the tragedy that happened in society and has strong roots in society.

Reading legend is seen as the interesting activity for the students. Because of that the English teacher usually uses the legend that nearly with the students' custom. The legend commonly seen as the interesting tools in teaching reading, so many teacher hopes by the using legend their students will more motivated in reading. So, by the high motivation the students will more easy in mastering reading and especially for reading comprehension.

But in reality how the interesting text model is not guarantee the students understanding in reading comprehension. From the survey the researcher concluded that there are still many student who faced the problem in reading comprehension. The problem found such as unable to find out information fast and accurately. Besides that the student also still has low understanding about the meaning of word so when they are going to answer the question the students must open their dictionarry to find out the meaning. However, this condition of course make teachinng and learning in reading comprehension become low. Depend on this problem of course becomes the interesting topic to discuss and especially to overcome the students' problem in reading comprehension.

According to Mohammad reading is a complex activity, in recent years; one approaches have been used in developing reading skills, known as speed fast reading. It is believe that the approache can be benefit, in one way or another, for improving students' reading comprehension ability.

Based on the above explanation Read quickly rarely trained to schoolaged children due to limited time teachers have to trespass it. Reading methods and techniques applied to trained. How to read the child is relatively low. In addition, low interest in reading is also a factor supporting the low level of reading speed. With a high interest in reading, the motivation to read will be higher so that by itself the higher the ability to read and read speed increases.

Moreover, based on the problem described above of course how to ideal teaching strategy is necessary used for easier the student and speed fast the students in reading comprehension. Because of that in this research the
researcher will use the speed fast and extensive reading to help the students in mastering reading comprehension. Basically speed reading is quick read. According to Nurhadi (2005), in his book how to improve reading skills, speed reading is the kind of reading that proritizies speed to manage rapid proccess of receiving information by not leaving the understanding of aspects of reading.

Based on the explanation above the writer would like to arranged the thesis with under the title "The implementation of Speed reading tehnique to increase Narrative Text of Students' Reading skill"

## B. The Identification of Problem

Based on the background of reserach above the researcher formulated the problem of this research is: " Does the implementation of speed reading tehnique to increase Narrative text of students' reading skill?

## C. The Scope and Limitation

Based on the identification of the above problem, the research focuses on the implementation of speed reading able to increase the students' ability in reading comprehension especially in narrative text at MTs.S Babul 'Ulum ?'

## D. The Formulations of Problem

Based on the background of the problem, identification of problem, the problems of this research could thus be formulated as follows:" How does speed reading tehnique to increase the student's reading skill of students MTs.S Babul 'Ulum ?"

## E. Objectives the Study

Based on the problem of the study above, the objective of the study was to improve the reading skills of students MTs.S Babul 'Ulum using speed reading tehnique.

## F. The Significances of Research

There are two signifances of study in this research they are theoretically and practically, the significances means as follow:

1. Theoritically

The theoretically significances of this research was giving more understanding especially for the educational govermnet especially in increasing the quality of English. On the other hand the result of this research will enrich our understanding about the teaching reading comprehension and the way that can be increasing its skill.

## 2. Practically

a. The students can be easily mastering reading comprehension trough speed reading.
b. The teacher will be helped in teaching reading comprehension by implementation this model of teaching
c. This research may contribute for English teacher especially to know the advantages of using speed reading tehnique in reading comprehension.

## CHAPTER II

## CONCEPTUAL AND THEORETICAL FRAMEWORK

## A. Reading Comprehension

## 1. The Nature of Reading Comprehension

Reading comprehension seen as the larges number of learning context. Because of that it is the important to know the spesific description about reading comprehension. In this research there are some theories that used by reseracher to describe this context that related with this research.

According to constance weaver reading is aprocess very much determined by what the readers to brain and emotions and beliefs bring to the reading: the knowledge/ information ( or mising information, absence of information), strategies for processing text, moods, fears, and joys-all of it.

Based on the explanation above it can be conclude that reading is very complex activity that actually do by readers. It commonly content the reader emotion, moods, interesting and much another sensory aspect that purposed to find out the new information from the process of reading.

In addition reading comprehension is cognitively demanding task which requires use of the working memory system. In fact, virtually all models of language comprehension assume the relevance of this system to reading. Based on this definition it can be assumed that reading comprehension is the process of getting the information an save them into memory system. Moreover the information found commonly used to answer or give the information based on reading passage.

According Marie Clay she defined reading as message-getting, problemsolving activity which increases in power and flexybillity the more it is
practiced. It means that reading is the communication that makes by the readers and material of reading. Shortly, symbols that present in reading material was giving message for the readers and automatcally give the readers a new information

In the other hand based on this explanation reading activity is given the readers advantages on many aspect not only on redaving competence but also gave the readers the advantages on another skill such as speaking and listening. But actually these skill is taugh before rhe English teacher are going to teach reading.

Based on its point of view it clear the reading defined as compex system of deriving meaning from print that requires all of the skills and knowledge to understand how phenomes, or speech, sounds, are connected to print. In the other hand the reading within comprehension means after reading activity the readers should understand the passages of the text read.

In addition according to Davies states that reading is private. It is a mental or a cognitive process which involves a reader in trying to follow and a respons to a message from a writer who is distant and space and time.

Based on definition reading is defines as the process of getting information from the text material as sources information that enrich the student knowledge.

Related to the effective way in teaching reading comprehension, speed reading technique was one of the alternative ways that could be used to help the students read quickly. Feldman (2013:1) defines "Speed reading as a collection of reading techniques that will allow them to at least double their
reading speed, on average, compared to their reading speed before they took my course. These techniques must also maintain or even improve their reading comprehension". From the statement, speed reading can be increased by following some steps. Spargo and Willingston (1980:10) describe the steps of speed reading:

1. Previewing main idea. Good readers preview the selection first. This helps to make them good and fast readers.
2. Read for meaning. Good readers see beyond the words, they read for meaning. This make them faster reader
3. Grasp paragraph sense. The paragraph is the basic unit of the meaning. Good readers know how to find the main ideas of paragraph quickly.
4. Organize facts. Understanding how the facts all fit together to deliver the author's message is, after all, the reason for reading. Good readers organize facts as they read

From the explanation above, reading can be assumption as the contact process among the readers and text. In reading process the readers are asked to understand the content of the text as the out put of their reading. On the other hand reading activity is concern on finding out the main purpose of the readers that commonly to find new information.

Meanwhile, reading ia about understanding written texts. It is a complex activity that involves both perception and thought. Reading consist of two related process: word recognition and comprehension.

Based on this definition reading comprehension is define as the student or readers ability in read the text and also understanding all of the content material that they read. Not only that in reading readers also asked to interprate the information that they have read.

## H. Douglas Brown states that.

Research has shown that reading is only incidently visual. More information is contributed by the reader than by the print on the page. That is, readers understand what they read because they are able to take the stimulus beyond its graphic representation and assign it membership to an appropriate group of concept already stored in their memories... skills in reading depend on the efficient interaction beetwen linguistic knowledge and knowledge of the world.

Clearly, reading is the most important activity in any language class, not only as a source of information and pleasurable activity, but as a means of consolidating and extending ones's knowledge of the language and its related aspects such as culture, civilization, and history.

This explanation suggest that the attention of the reading. Was done with the understanding that in interprenting the meaning in words and sentences so that the readers understand or knows the messages to author readings. In the process of reading comprehension is a process of the engangement beetwen facts, concepts, and generalization are new with all the knowledge already held by reader about the topics presented. Reading comprehension ability of a person's ability to understand things in the story with all skils and knowledge

Based on the opinions of the, Reading comprehension can be defined as the ability to understand and obtain information from the reading materials and it is possible for someone to realize as a result of reading, reading comprehension is certainly through several stages such as remembering the meaning of the word in context and get the details of reading and draw conclusions.

## 2. The Purpose of Speed Reading

Objectives are the foundation of very activity and the most powerful motivation in doing any act. Reading should have a purpose, beacuse someone who read with a purpose, tend to gain more understanding than people who do not have a purpose. Briefly the purpose of others captured in written form.

Speed reading is one of techniques that can be used to improve reading habits of the students to read quickly. By applying this technique, the students can get many advantages and purpose . Klaser in Browning (2003:1) presents four positive points in learning read faster. The first one is the amount of time you will save when you're able to double your speed. The second advantage is that readers are able to concentrate better which leads to greater comprehension. Thirdly, with the increase in potential speed and comprehension, academic grades tend to rise as well. And lastly and most importantly, students will enjoy the act of reading more, which promotes greater extensive reading, an added area for increasing reading speed and comprehension. Therefore, by using this technique, it can help the readers, not only save their time but also the reader can improve their comprehension and can get much knowledge.

Based on description above speed reading seen as the way of reading that help and give many benefits to the students. Especially in increasing their motivation, knowledge, and understanding in reading comprehension. So, in implementation of research it is hoped the students' ability in reading will increase by applying the tehnique.

Meanwhile, in teaching in reading comprehension there are some approach is that can be used by english teacher they are.
a. Focus on one skill at a time
b. Explain the purpose of working on this skill, and convince the students of its importance in reading effectively.
c. Work on example of using the skill with the whole class. Explain your thinking aloud as you do exercise
d. Assign student to work in pairs on an exercise where they practice using the same skill. Require them to explain their thinking to each other as they work

Based on explanation it is clear that in reading there are many approach that can be used by the English teacher in teaching reading comprehension. Some of them in reading comprehension the students asked to focus on purpose of reading, by using this ways it is expected the readers will easy to find out the informations and purpose of the reading.

## 3. Strategy for Reading Comprehension

Beale (2013) wrote ideas about speed reading strategies as "people who know how to skim and scan are flexible readers. They read according to their purpose and get information they need quickly without wasting time. They do not need everything which is increases their reading speed. Their skill lies in knowing what specific information to read and which method to read" (p. 1).

The strategies skimming and scanning are well-known and help students to improve their speed. Macleod (2013) wrote that skimming involves a through overview of a text and implies a reading competence. Scanning is more a limited activity, only retrieving information relevant to a purpose. Brown (1994) suggested that "perhaps the two most valuable reading strategies for learners as well as native speakers are skimming and scanning" (p. 283). Pugh
(1978) suggested that since scanning is a less complex style of reading it can be introduced first. .

Different literary methodologists agreed about steps which can be followed in skimming.

1) Read the title
2) Read the introduction or the first paragraph
3) Read the first sentence of every other paragraph
4) Read any headings and sub-headings
5) Notice any pictures, charts, or graphs
6) Notice any italicized or bold face word or phrases
7) Read the summary or last paragraph.

From the strategies above, it can concluded that strategies of reading comprehension is depending on the purpose of reading and also level learners. But, for each main activity the readers should be clearly understand what their purpose of reading for example when the readers wants to gain to spesific information, so the readers use may use scanning strategy.

## B. The Nature of Speed Reading Strategies

In reading comprehension practice there are many ways or tehnique that commonly used by the English teacher to increase their students' competency on reading. A lot of writers defined reading as the getting of meaning which the writer means from his or her writing. Flesh (1955) defined reading as getting the meaning from a certain structure to letters. Goodman (1970), Nuttal (1982) and Jacobowitz (1988) agreed as it is an interaction operation. The present researchers agreed with Goodman's definition as reading is an
interaction operation that the reader forms expectations about the content he is reading as after that to choose the most practical signs that help to get the meaning.
in addition, according to Yamasita, reading in quantity and in order to gain a general understanding of what is read. It is intended to develop good reading habits, to builds up knowledge of vocaboulary and structure, and to encourage a liking for reading.

## 1. Procedure of Speed Reading

Because of its complexity, Speed reading offers is a simple skill tehnique with time and practice can help the average college the readers to double reading speed. This method reduces skipback, fixation, and increase the fixation zone. In addition, it will help to reduce vocallization, or sounding out each words as the students read.

There are four basic conditions that should be recognized for anyone wishing to improve their reading rate. They include:

1. Checking for correctable eye defects.
2. Learning to avoid pronouncing words (aloud, whispering or "inward").
3. Learning to avoid re-reading (regression).
4. Developing a wider eye-span (reading more than one word with each eye fixation).

Another key element in speed-reading is learning to read several words, or units of meaning, at a glance while fully absorbing what is read and being able to automatically retain its essence for later recollection. Reading rates should not be applied equally for all reading material.

Therefore, one needs to learn how best to adjust reading rates to suit the reading material. As an example, reading a novel might be considerably faster than reading technical material. With experience, the readers soon learns when
it's okay to speed up and when it's best to slow down in order to grasp the material with full understanding and comprehension.

## 2. The Advantages of Speed Reading

Speed reading technique is an innovation on learning of English. Inside this innovation has benefits for students in order to apply well, there are several advantages of speed reading technique are:
a. Faster completing a reading so we are excited to read the other readings
b. Make it easy for us to quickly controls the information.
c. Can be applied in any literature such as books, newspaper, magazines, textbook, and others.
d. It is appropriate to be applied to a person who a hurry or have a limited time.
e. It can help a person to make judgments/ decisions, an example of which is related to a report of an activity
f. It helps students to know the main idea of their handbooks.

## C. Narrative Text

## 1. The Nature of Narrative Text

Narratives, from the latin word "narre" to make known, to convey information', provide individuals with a tool for learning and teaching others about the world. Narrative is central to children's learning. They use it as a tool to help them organise their ideas and explore new ideas and experiences. Composing stories, whether told or written, involves a set of skills and
authorial knowledge but is also as essential means for children to express their creatively and imaginatively.

Althougt most types share a common purpose (to tell a story in some way) there are is spesific knowledge childreen need in order to write particular narratives text types.

While there is often a lot overlap (for example, beetwen myths and legends) it is helpful to group types of narratives to support planning for range and progresion. Each unit of work in the primary framework (fiction, narrative, plays and script) provides suggestions for teaching writing of spesific forms or features of narrative. For example : genre (traditional tales), structure (short stories with flashbacks and extended narrative), content (stories which raise issues and dilemmas), settings (stories which familiar settings, historical settings, imaginary world) and style (older literature, significant authors).

## 2. Common Types of Narrtive

It is too general if the people tell about narrative text. This kind of the text has many types to be explained. In this point the researcher will introduces some narrative types that commonly teach to students. Following are some types of narrative text means;
a. Traditional Tales

Traditional or "folk" tales includes myths, legends, fables and fairy tales. Often originating in the oral tradition, examples exist in the most cultures, providing a rich, culturally diverse resource for children's reading and writing. Many of these stories served an original purpose of passing on traditional knowledge or sharing cultural beliefs. They tend to have themes that deal with life's important issues and their narrative structures are often based on a quest, a journey or a series of trials and forfeits. Character ussually
represent the archetypical opposites of good and evil, hero and villain, strong and weak or wise and foolish. The style traditional stories usually retains links with their origins in oral story telling: rich, evocative vocaboulary, repetition and patterned language, and strong use of imagery. When written in a traditional style, they also use some archaic languages forms and vocaboulary. Many regional stories include localised vocaboulary and dialect forms. Different types of traditional tales tend to have some narrative features (purpose, character, langauge, style, structure) of their own.

The essential purpose of narrative is to tell story, but the detailed purpose may very according to genre. For example, the purpose of a myth is often to explain a natural phenomenon and a legend is often intended to pass on cultural traditions beliefs.

## b. Myth

The usual purpose of a myth is to provide an explanation for the origins of phenomena (thunder, day and night, winter) by the telling story of how they came to be. Most cultures used myths, handed down orally from generation to generation from an anonymous source, to explain the world and its mysteries, so mythology from different regions usually reflects the wonders that people saw around them in their own environment. Myths often provide narrative clues that help to build a picture of the beliefs, lifestyles and ideology of the people who first old them. There are many similarities beetwen the myth of different cultures (Why the Crow is Black: Aboriginal Australia, Sioux and Dakota, Filipino and Ancient Greek)

Myths are set in the past, usually a distant and non spesific past, and are presented (unlike fables) as something that actually happened. There is
evidence that the content of some myth is based on real events and places that may have existed.

Myths explain why the world is the way it is and, for this reason, they reflect the basic principles of the religion or spirituality of the people. For example, Norse and Greek myths narrate what the gods did and how they interacted with human. The most famous Hindu myths, The Mahabharata and the Ramayana, are epic tales that contain the teachings of Hindu sages told as exciting stories about the lives of people and gods. The social and religious status of myths varies from culture to culture but for some they continue to be scared texts.

Opposites occur frequently in myths as themes, including.

1. Good and Evil
2. Night and Say
3. Calm and Stories
4. Wise and Foolish
5. Old and Young
6. Beautiful and Ugly
7. Mean and Generous
8. Just and Unjust

Like other traditional stories, myths use quest, journey and trials as themes. The hero or heroine often has undergo some kind of test (The trial of Hercules) or set off an a long and difficult journey where dangers arise at each stage (The Odyssey).

Characters typical of traditional stories appear in myths (talking animal, rich, kings, foolish young men, clever villains) although the 'trickster' character is often a mischievous god(Loki, for example). The most notable character types in this sub-class are clasic heroes and supernatural beings.

Characterisation is an interesting focus for composition when children write their own myths or retell versions because the character need to be aweinspiring and larger-thanlife.

## c. Legend

The purpose of legend is to provide information about the way particular people lived, and what they believed. Legends also help us to reflect on our lives because they often deal with issues that are cross-cultural and relevant today. There are a great many similiarities beetwen myths and legends and some stories are categorised in both these subclasses of traditional tales. Although legend often include mythical beings and supernatural events, their narrative spine is more closely connected to the real world of human history. The events in legends tend to seem more likely and less fictionalised than those in myths. Legend are usually based on real characters and events, even though these have been richly emblished and exxageratedover time. This gives the narrative an exciting quality because all the events seem to be within to realm of possibility even when the plot has become so widely adapted or update that is completely fictional.

The plot of a legend usually focuses on an individual charcter, a cultural hero or a person respected and remembered(Jason, King Arthur, Robin Hood, William Tell, Roland) but there are also legends about places (Atlantis, Shangri La), object (the Holy Grail), the Philosopher's Stone) and legendary animals(the Yeti, Loch Ness Monster, Sasquatch, Chupacabra).

Structure is usually episodic, as in the phases of a journey over several years or the stages of a great battle. Like myths, legends, sometimes use a more literaly style than fairy tales or fables for example.

1. Rich, evocative vocaboulary
2. Memorable langauage use
3. Use of rythim repetition techniques
4. Formulatic openings and endings
5. Imagery: simile, methapor and symbolism

Legends employ many of the typical themes of tradtional stories.

1. Good and evil
2. Friend and foe
3. Magic
4. The supernatural
5. Rich and poor/rags to riches/riches to rags
6. Wise and foolish
7. Strong and weak
8. Just and unjust
9. A quest or search
10. A journey

Legends, like myths, reveal information about the way people lived, what they believed, what was the important to them, what they valued and what they were affraid of. They also convey meaning about the way we live our lives that make them relevant and interesting across cultures and time. This make them worth repeating through generations and publishing as new versions or adaptations for twenty first century readers. Brand new legends continue to be developed as part of contempory literary and oral story telling cultures.
d. Fable

A fable sets out to each the reader or listener a lesson they should learn about life. The narratives drives towards the closing moral statement, the fable's theme: the early birds gets the worm, where there's a will there's wa, work hard and always paln ahead for learn times, charity is a virtue. The clear presence of a moral distinguishes fables from other folk tales. Although they use many of the typical themes, characters and settings of traditional stories, fables have a very spesific purpose that strongly influences their content.

Plot is overtly fictitious as the point of story is its message, rather than an attempt to convince the reader of real setting or characters. There is a shared understanding beetwen storyteller and audience that the events told did not actually happen. They are used as a mean to ana end, a narrative metaphor for the ethical truth being promoted. For this reason, fables do not carry any nonessential narrative baggage. There are usually few characters and often only two who are potrayed as simple stereotypes rather than multidimensional heroes or villains. Narrative structure is short (sometimes juat a few sentences) and simple and there is limited use of description. Action and dialogue are used to move the story on because the all-important moral is not clearly evident in what the main characters do and say.

The main characters are often named in the title (the town mouse and country mouse, the north wind and the sun) and they are also frequently animals, another subtle way of signaling the fictional, 'faboulus' nature of the story and its serious purpose. Animals characters speak and behave like human beings, allowing the storyteller to make cautionary points about human behaviour without pointing the finger at the real people.

Many fables use the rich vocaboulary, imagery and pattered langauage common in traditional tales but generally speaking, the shorter, the fables, the more simple its use of langauge. In these short texts, use of vocaboulary is often pared down and concise.

## CHAPTER III

## RESEARCH METHODOLOGY

## A. Location of Study

This research will be conducted in MTs.S Babul 'Ulum. The research choose this location because:

1. The similiar research had never been conducted yet in this school.
2. The researcher found this problem that the students still has weakness at comprehension reading text
B. Population and Sample

## a. Population

According to Beat he states that: Population is any groups and individuals that have one or more characteristic that interested for the researcher. The population in this research is the second grade MTs.S Babul 'Ulum. The total numbers of population are 172 students that divided into seven class.

## b. Sample

Sample is one of part population, of course sample has characteristic that population owned. The researcher took sample of this study from the second grade students at MTs.S Babul 'Ulum Medan. According to Sugiono," there are four tehniques in take sample, which one was simple random sampling, simple random sampling is take from sample in a random tehnique can use if population homogency

## C. Research Design

This researched will be conducted in a Classrom Action Research (CAR), aimed to solve problems through direct application in the classroom and improving outcomes of teaching and learning. According to Arikunto (2010:130), CAR is ascrutiny of the activities that are intentionally raised, and occurs in a classroom.

In conducting the researcher will work together with one of classroom teacher to solve the students' problem in teaching learning of speed reading technique

The design of CAR will be conducted in some cycles. A cycle process adapted from model by Kemmis and Mc. Taggart (citied in Arikunto, 2010:137). It consisted of four main steps, namely: planning, action, observation, and reflection. The cyclic process ended whenever the problems have been overcome

Reconnaissance (Preliminary Study)

1. Identifying the problems
2. Identifying the source of problem
3. Analyzing the problem
4. Formulating the problem

Premilinary study, cycle I and cycle II (Adapted from Kemmis and Mc. Taggart(1992))

The cycle process consist of four main steps namely:

1. Planning of the action, involves thinking process and evaluating to reflect the event that have been happened and atempting to find out ways to overcome problems encountered
2. Implementing of the action, in this step, we think and consider what action was done, how method will be applied, and waht material was provided.
3. Observing of the action is some activities that consist of gathering data to identify the result of action. Collecting can be considered from several factors: students' and teacher's interaction
4. Reflection is activity to verify the fairness of data and interpret the data for doing some improvement and revision in other to enchance the succesful of teaching.

There are various kinds of classrrom action research models. The researcher would like to describe the model of Kemmis and Mc. Taggart (1992). In implementing this model, the following visualization is presented:

## Cycle I

a. Planning of the Action

1. Design lesson plan
2. Prepare material to teach the reading speed
3. Prepare observation sheets for students
4. Prepare test sheets for students
5. Preparing criteria success.
b. Implementing of the Action
6. The teachers teaches based on lesson plan
7. The students listen about the explanation of material
8. The teacher will use startegy in teaching reading
9. Provide the students with concept on a given topic enabling them to formulate individuals ideas
10. Share these idea

## c. Observation

1. Observe each other in reading performance
2. Assesing students use observation shhet

## d. Reflection

In reflection, the researcher will analyze the students reading performace with the purpose to measure wheter first cycle is success or not. If the first cycle is not success, so the second cycle will be established . the researcher will improve the implementation of the first cycle.

## Cycle II

## a. Planning the Action

1. Design lesson plan
2. Prepare material to teach the reading speed
3. Prepare observation sheets for students
4. Prepare test sheets for students
5. Preparing criteria success.

## b. Implementing of the Action

1. The teacher teaches based on lesson plan.
2. The students listen about the explanation of material speed reading
3. Students are grouped of 4 to discuss their thought. This step allows students to articulate their ideas and consider thoose of others.
4. Two member of each group move to other group, and two others members stay at their group. After that, they back to their home group and share the information gotten from other group.
5. Students group share their ideas in larger group, such as the whole class.
c. Observation
6. Observe each group.
7. Assesing students reading performance.

## d. Reflection

In reflection, the researcher will make reflection and analyze about the student reading performance, and make conclusion. If the second cyle reaches the criteria of success, the researcher will stop on the second cycle, if not, the researcher will continue to nect cycle.

## D. Instrument for Collecting Data

The instrument that will be used in collecting data are:
a. Observation.

The researcher will observe the students, teacher and classroom, and take note all things that related to research by using observation format.
b. Test

Test is included as part of the learning process. The success of a lesson can be seen from the test results. Test will be used in this research is speed reading technique because of the skill is reading. The method of testing is different with another. In this research, the students will be required to present read narrative text in front of a whole class.

## E. Technique for Analyzing Data

The implementation of the first cycle of The students' activeness was $39 \%$ in cycle I, it means the first cycle is fail, and the researcher will be countinued to second cycle with the same material to reach the activeness of learning by using the same formula.

There are two points that will be used in this research to measure the success of this classrom action research:

1. Individually

Every students should reach the Minimum Completeness Criteria (KKM) in reading skill (based on the school KKM)

## 2. Clasically

The class should be reach the Minimum Completeness Criteria (KKM) or more.

## CHAPTER IV

## RESEARCH FINDINGS AND DISCUSSION

This chapter presents the research findings and discussions dealing with the data that had been collected during the research. The data were taken from the instruments,namely observation sheets, field-notes, questionnaires, and reading tests. As mentioned in the previous chapter that in this research, the researcher would answer the research question, that was: "" Does the implementation of speed reading able to increase the students' ability in reading comprehension especially in narrative text on Second Grade of MTs.S BABUL ‘ULUM ?’

## A. Research Findings

In these findings, the researcher presents the result of research and the analysis of the data that were collected through pre-test and two times of treatments. Pre-test was conducted in preliminary study. Two times of treatments were the teaching and learning processes and the assessment were conducted as implementation done. The descriptions of the resultsare as follow:

## a. Preliminary Study

Preliminary study was conducted at the beginning of the research. The purpose of this meeting was to find out the problems of reading instruction and the students' ability in reading. This activity was conducted on Tuesday, 13 february .In this activity, the researcher observed the situation of the classroom before conducting the study. Researcher also shared with Mr. Drs. Waluyo, the

English teacher explained that the students of the still poor in readingability especially in speed reading especially narrative text, because the motivation of students to learn English was poor.

Next, the researcher also observed the process of teaching learning in the class. In the teaching learning process, the teacher taught 32students without learning. Besides, the researcher found some facts that happened in the classroom during in English lesson. In teaching learning process, the students were not active to ask to the teacher related to the material. They just kept silent and did the exercise from the teacher without understanding the point of the material. There were only half of the students were active and enthusiastic. A half of students needed more attention from the teacher in teaching and learning process.

The last researcher prepared the material of pre test. The researcher gave a pre-test that the students were asked to analyze narrative text about "The Legend of Lake Toba" The pre-test was followed by 32students as the participants of the study and they were given 30 minutes to do it.

The purpose of the pre test was to measure students' reading competence before given an action. After giving the test, the researcher examined the answer sheet and found the results. The result of test can be seen in the following table :

| No | Students' Name | Score |
| :---: | :--- | :---: |
| 1 | HH | 45 |


| 2 | SN | 46 |
| :---: | :---: | :---: |
| 3 | KH | 43 |
| 4 | DK | 44 |
| 5 | JM | 49 |
| 6 | SA | 50 |
| 7 | HK | 35 |
| 8 | ZF | 37 |
| 9 | EL | 64 |
| 10 | NI | 49 |
| 11 | HT | 43 |
| 12 | HR | 61 |
| 13 | FH | 42 |
| 14 | EM | 55 |
| 15 | SF | 53 |
| 16 | NF | 52 |
| 17 | FZ | 70 |
| 18 | SA | 69 |
| 19 | DM | 61 |
| 20 | ES | 64 |
| 21 | KS | 51 |


| 22 | MY | 59 |
| :--- | :--- | :---: |
| 23 | FY | 58 |
| 24 | DM | 52 |
| 25 | SN | 60 |
| 26 | RL | 55 |
| 27 | HS | 59 |
| 28 | HF | 68 |
| 29 | PR | 70 |
| 30 | UZ | 72 |
| 31 | SI | 66 |
| 32 | NK | 1771 |

Based on the result of pre-test that the students did, it can be concluded that the average score of pre-test was 55 points. The highest score was 72 and the lowest score was 35 . Also, the researcher analyzed that among 32 students who joined the test, only $2(6 \%)$ students could get score 70 or more and the 30 ( $94 \%$ ) got score less than 70. It meant that the students'reading ability in the VIII grade was still poor. It was in line with the students' result, the teacher intended to improve the students' score that was 15 points from the average
score of pre-test. It was also explained in chapter III that the criteria of succes of the implementation of graphicorganizer strategycould be said succesful if 85 $\%$ of students' reached standard minimum score that was 70 .

## b. Implementation of Speed Reading

This research was done by the researcher on Wednesday, 14 february to improve the students' ability in speed reading. This section coversthe actions of research. It was conducted into phases in cycles and each cycle consistedof four steps, namely: planning, action, observation, and reflection.

## Cycle I

The activity of cycle 1 was conducted on Wednesday, 14 february . Cycle 1 activity was in three meeting ( $6 \times 40$ minutes). In cycle 1, there are four steps that were carried out concerning the aims of this research.The steps were as follow:

## a. Planning

In the planning step, the researcher prepared the teaching learning design, such as, arranging lesson plan and its instruments. The researcher also prepared the instrument of collecting data, such as observation sheets, field note in order to know students activeness in joining teaching learning process. Then, the reseacher conducted post-test to know the students' improvement inreading skill. It consisted of one topic. There were 32 students joining in the class.

In this occasion, the researcher determined the criteria of succes by considering the passing grade. The learning was succesfull if $85 \%$ of students got at least score 70 (passing grade).

## b. Action

In this step, the teacher conducted activities according to the schedule that was arranged in planning stage. As mentioned in the lesson plan, the use of speed reading strategy was conducted by the teacher in three phases of activities, namely: pre-reading, whilst-reading, and post-reading.

These phases of teaching reading were explained in three meetings. In the first meeting, the teacher gave material entitled "My House". Then, the researcher asked the students to analyze a narrative text by using speed reading. The second meeting, the students were given a review of the first meeting and the thirdmeeting, the students were given readingtest to measure their reading competence. Here are the explanation of the activity during the first cycle.

## 1. First Meeting

First meeting was conducted on Monday, 19 February. In the teaching reading, the teacher was implemented in three phasesof activities, as below:

## Pre-reading

Generally, in the opening session the teacher always greeted the students and checked the students' attedance by calling the roll. Then, the teacher also did some conversation to make conducive circumstance to start the learning
process. After that the teacher gave some questions, such as; "Have you ever read?", "What is it?" "What are their characteristics?" So, that is what we call as narrative text." All these questions were answered by the students. These questions were stated in English and translated into Indonesian. After that, the teacher explained the instructional objectives clearly.

Whilst-reading
This stage was the central of the teaching and learning activity. Teacher divided the students into six groups. Each groups consisted of five on six students. The students were divided based on the seats or line. It took a long time because students were to turn around their seats.

Next, the teacher explained all about narrative text including definition, features or language features and example narrative text. After explaining it, the teacher gave a contextual example of narrative text. Students must be given an example of the material around them. The material must be related with their environment.

In addition, the teacher introduced how the use of speed reading strategy in analyzing the generic structure of narrative text. The teacher asked the students to read two story. After read two graphics, the teacher asked the students to divide the second story The teacher explained what the meaning of each story.

Then, teacher distributed a simple narrative text entitled "My House". And also the teacher asked the students to read and comprehend the text. While the students were reading and comprehending the text, the teacher went around moved from one to others. The teacher observed the students' activeness and
helped them if they got problems.Furthermore,the teacher asked the students to analyze the text. And the last, the students had to write their analyzing.

Further, the teacher asked the groups to present their analyzing. It was conducted in order that the students could share each other about their understanding in analyzing the text. After that, other groups were to give some responds, suggestions, or criticisms about the group doing presentation.

Post-reading
The teacher stopped the reading instruction because of time was over. He did reflection by giving question and students answered orally in short time. It was done as the teacher wanted to measure how deep the students mastered the material. The last, Teacher and students conclude the material.

## 2. Second Meeting

Second meeting was conducted on Wednesday, 21 February. In the teaching reading, the teacher was implemented in three phases of activities, as below:

Pre-reading
Generally, in the opening session the teacher always greeted the students and checked the students' attedance by calling the roll. Then, the teacher also did some conversation to make conducive circumstance to starting the learning process. After that the teacher gave some questions, such as; "Have you ever heard about narrative text?", "What is generic structure of narrative?" All these questions were answered by the students. These questions were stated in English and translated into Indonesian. After that, the teacher explained the instructional objectives clearly

Teacher asked the students to join with their groups made in previous meeting. The group consisted of five on six students. It still took a long time because some of students forgot their groups. Teacher was to re-read their groups.

Then, the teacher explained more clearly all about narrative text including definition and example of narrative text.In this occasion, the teacher asked the students before continuing to the next steps. Before continuing to the next steps, teacher added their explanation.

In addition, the teacher distributed narrative text. The teacher asked the students to read and translate the text. While reading and translating the text, the teacher went around observing the students' activeness. After that, the teacher asked the students to analyze the generic structure of the text using graphic organizer strategy.

Post-reading
The teacher stopped the reading instruction because was over. He did reflection by giving question and students answered orally in short time.it was done because the teacher wanted to know how deep the students mastered the material. Then, Teacher and students conclude the material. And the last the teacher told there would be test in the next meeting to measure the students' capability.

## 3. Third Meeting

Third meeting was carried out Thursday, 22 February, In this meeting, the researcher did an evaluation. He wanted to measure the students' reading ability after doing reading instruction by implementing speed reading The evaluation material was "Sangkuriang and Dayang Sumbi" The students were asked to analyze the generic structure of narrative texting individually.It was done in 60 minute.

## a. Observation

In this research, the researcher was as a teacher. To complete the data of the observation, theresearcher used the observation sheet, which to observe the students' action. The researcher was assisted by another teacher as his collaborator to observe the teacher's action. As a result of observation in cycle I, it is found the following findings as follows:

## Teacher's action

Teacher taught the students based on the lesson plan and teacher. He focused on how to teach the students to read narrative text by using speed reading tehnique. He taught them by using speed reading to make students easier to read fast and anazlyze about generic structure of narrative. The teacher focused on elaborating the strategy and the text. The teacher asked the students to implement speed reading in reading narrative text and represent in their own groups. The teacher monitored all of the students' work in individually and in group.

## $\square \quad$ The Students’ Action

The results of observation on the students' actions were the processes taken during the teaching and learning process in every activies. It could be shown in the following students' observation.

The result of observation sheet in cycle 1 of first meeting.

| No | Name of Group |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Active | On <br> time | Asking | Answering | Giving <br> opinion |  |  |  |  |  |  |
| 1 |  | 2 | - | 2 | 1 | 1 |  |  |  |  |  |  |
| 2 |  | 1 | - | 2 | 2 | 1 |  |  |  |  |  |  |
| 3 |  | 1 | - | 1 | 1 | 1 |  |  |  |  |  |  |
| 4 | Fruit Star | 2 | - | 1 | 1 | 1 |  |  |  |  |  |  |
| 5 | Grape | 3 | Yes | 2 | 1 | 1 |  |  |  |  |  |  |
| 6 | Pineapple | 3 | Yes | 2 | 2 | 2 |  |  |  |  |  |  |
|  | Total | 12 | 2 | 10 | 8 | 7 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| Percentage | $38 \%$ | $33 \%$ | $31 \%$ | $25 \%$ | $22 \%$ |  |  |  |  |  |  |  |

The result of observation sheet in cycle 1 of second meeting.

| No | Name of Group |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Active | On | Asking | Answering | Giving <br> opinion |
| 1 |  | 2 | Yes | 2 | 1 | 2 |
| 2 |  | 1 | - | 2 | 2 | 2 |
| 3 |  | 1 | Yes | 3 | 1 | 1 |
| 4 | Fruit Star | 3 | - | 1 | 1 | 1 |
| 5 | Grape | 3 | Yes | 2 | 1 | 1 |
| 6 | Pineapple | 3 | Yes | 2 | 2 | 3 |
|  |  | Total | 13 | 4 | 12 | 8 |

Based on the data above it showed that there were improvements from the first meeting to the second meeting. The students' participation of the first meeting was $30 \%$ and the students' participation of the second meeting was $45 \%$.

These data showed that the average students' participation of the first and the second meeting was $37 \%$. It was along with average of each criteria; active was $39 \%$, on time was $49 \%$, asking was $34 \%$, answering was $26 \%$, and giving opinion was $26 \%$.

## b. Reflection

Furthermore, after whole activity had finished, the researcher assessed the students reading result. The result of the reading test in cycle I was as follow :

| No | Students' Code | Score | Qualification |
| :---: | :--- | :---: | :---: |
| 1 | HH | 50 | Not Achieved |
| 2 | SN | 60 | Not Achieved |
| 3 | KH | 70 | Achieved |
| 4 | DK | 73 | Achieved |
| 5 | JM | 62 | Achieved |
| 6 | SA | 67 | Not Achieved |
| 7 | HK | 75 | Achieved |
| 8 | ZF | 70 | Achieved |
| 9 | EL | 47 | Not Achieved |
| 10 | NI | 45 | Not Achieved |
| 11 | HT | 80 | Achieved |
| 12 | HR | 79 | Achieved |
| 13 | FH | SM | Achieved |
| 15 | SF | Not Achieved |  |
|  |  | 71 |  |


| 16 | NF | 60 | Not Achieved |
| :---: | :---: | :---: | :---: |
| 17 | FZ | 59 | Not Achieved |
| 18 | SA | 50 | Not Achieved |
| 19 | DM | 80 | Achieved |
| 20 | ES | 67 | Not Achieved |
| 21 | KS | 73 | Achieved |
| 22 | MY | 50 | Not Achieved |
| 23 | FY | 44 | Not Achieved |
| 24 | DM | 54 | Not Achieved |
| 25 | SN | 56 | Not Achieved |
| 26 | RL | 45 | Not Achieved |
| 27 | HS | 65 | Not Achieved |
| 28 | HF | 62 | Not Achieved |
| 29 | PR | 58 | Not Achieved |
| 30 | UZ | 51 | Not Achieved |
| 31 | SI | 65 | Not Achieved |
| 32 | NK | 66 | Not Achieved |
|  | Total | 2012 |  |
|  | Average | 63 |  |

(Data Source: Post-test I, Thursday, 22 February)

Based on the test result the average of students' score in first cycle was 63. It increased 8 points from pre-test. The highest score was 82 and the lowest score was 44.From the calculation above, it could be known that there were improvements before they were given treatment and after they were given treatment but it did not achieve the criteria of success. It can becalculated that 10 (31\%) of the students passed and 22 (69\%) failed in this first cycle. The learning was succesfull if $85 \%$ of students reached standard minimum score. It meant that the first cyle was unsuccesful enough. In first cycle, also, the researcher analyzed the result of observation that some students still had some problems as the following:

1) Some students did not give contribution to their groups. They were still not active with the group.
2) Students did not understand well the instruction that had been by teacher. It was caused the teacher explained too fast
3) Students were still difficult to analyze the generic structure of descriptive text because they were lack on vocabularies and phrases.

Then, the researcher and collaborator decided that the researcher was to conduct the second cycle. It needed the next cycle to solve the problem above.

## Cycle II

The second cycle was done based on the result of the reflection from first cycle. The result of the observation show that the students' achievement was still below the criteria of succes. The average score was63points. Having
this result, the researcher re-planned the action and conducted the cycle 2 . It was conducted three meetings.

## a. Planning

Planning the cycle 2 was based on the recommendation and reflection in cycle 1. In the cycle1, the teacher concerned to analyze narrative text by guiding them into individual and team work. Then, the researcher also prepared the instruments of collecting data, such as observation sheets, field note in order to know students activeness in joining teaching and learning process. Then, the reseacher prepared post-test to know the students improvement in reading skill.

## b. Action

In action stage, the teacher conducted three meeting of cycle 2 , which was scheduled on Friday, 23 February, Saturday, 24 February, and Monday ,26 February 2018. From the result of this research, the teacher concerned to drill the students' understanding in order to analyze narrative text, particularly in analyzing generic structure components. In the teaching and learning process, the students were given more practice of using speed reading. Here are the explanation of the activity during the second cycle:

## 1. First Meeting

First meeting was held on Friday, 23 February. In the teaching reading, the teacher implemented three phases of activities, as below:

## Pre-reading

Generally, in the opening session the teacher always greeted the students and checked the students' attedance by calling the roll. Then, the teacher also did some conversation to make conducive circumstance to starting the learning process. After that the teacher gave some questions, such as; "Have you ever read something?", "How to read this story?"So, that is what we call as narrative." All these questions were answered by the students. These questions were stated in English and translated into Indonesian. After that, the teacher explained the instructional objectives clearly.

## Whilst-reading

Teacher divided the students into six groups. The group consisted of five to six students. The students were divided based on result of cycle I. Two students' low competence gathered with three or four students' high competence.

Then, the teacher explained all about narrative text including definition, social function, generic structure, and example of narrative text. After the teacher explained it, the teacher gave the contextual example of narrative text.

Next, the teacher explained more clearly how the use speed reading in analyzing the generic structure of narrative text. The teacher also collaborated with the students who did not give contribution in their group. The teacher asked them to explain in their groups. Before continuing to the next topic, teacher asked the students about the explanation.

Furthermore, the teacher distributed a narrative text. Then, the teacher asked the students to write the difficult words or phrases. There were many difficulties words which the students wrote. Some of them were "obelisk", "foil", etcetera.Teacher and students translated them. The last, the teacher asked the students to analyze the narrative text. In this activity, the teacher also guided them. This activity was conducted in group.

## Post-reading

The teacher stopped the reading instruction because of time limitation or the time was over. He did reflection by giving question and the students answered orally in short time.It was done because the teacher wanted to know how deep the students mastered the material. The last, Teacher and students concluded the material.

## 2. Second Meeting

Second meeting was held on Saturday, 24 February 2018. In the teaching reading, the teacher was implemented in three phases of activities, as below:

## Pre-reading

Generally, in the opening session the teacher always greeted the students and checked the students' attedance by calling the roll. Then, the teacher also did some conversation to make conducive circumstance to starting the learning process. After that the teacher gave some questions, such as; "Who can read this story?", "Who can analyze and read this story? All these questions were answered by the students. These questions were stated in

English and translated into Indonesian. After that, the teacher explained the instructional objectives clearly.

Whilst-reading
Teacher divided the students into six groups. The group consisted of five to six students. The students were divided based on students' competence gender heterogeneously. The students' low competence gathered with students' low competence.

Then, the teacher explained more clearlyall about narrative text including definition and example of narrative text. After explaining it, the teacher gave a contextual example of narrative text.

In addition, the teacher explained more clearly and fast how the of speed reading in analyzing the generic structure of narrative text. The teacher also collaborated with the chiefs of group. The teacher asked the chief of group to explain in their groups. Before continuing to the next topic, teacher asked the students about the explanation.

Further, the teacher distributed a narrative text. Then, the teacher asked the students to write the difficult words or phrases. Teacher and students translated them; moreover, the teacher asked the students to analyze the text.. This activity was conducted in group.

## Post-reading

The teacher stopped the reading instruction because of the time limitation or the time was over. He did reflection by giving question and the students answered orally in short time.It was done because the teacher wanted to know how deep the students mastered the material. Then, the teacher and
students conclude the material. The last, the teacher told that for the next meeting would be conducted a post-test because students could understand the material.

## 3. Third Meeting

Third meeting was carried out and Monday, 26 February. In this meeting, the researcher did an evaluation. He wanted to measure the students' reading ability after doing reading.

The evaluation material was entitled "Sangkuriang and Dayang Sumbi" It was done in 70 minute. Then, the students were asked to analyze the generic structure of the narrative text in individual. After doing the post-test, the students were given 10 minutes to answer the questionnaires.

## a. Observation

As what the teacher did in the previous cycle, the teacher also divided the discussion into two;the teacher's presentation or performance in teaching reading and students' responses.

Therefore, all the findings on the teaching and learning process were recorded based on the results of observation that was carried by a teacher as collaborator of this research.

## Teacher's Action

Teacher taught the students based on the lesson plan and teacher implemented speed reading. He focused on how to teach the students to read narrative text. He taught them to make students easier to read and anazlyze about generic structure of narrative text. The teacher focused on
elaborating the strategy and the text. The teacher asked the students to implement reading narrative text and represent in their own groups. The teacher monitored all of the students' work in individually and in group.

## $\square \quad$ The Students' Responses

- The results of observation on the students' responses were the processes taken during the teaching and learning process in every activies. It could be shown in the following students' observation.

The result of observation sheet in cycle 1 of first meeting.

| No | Name of Group | Criteria |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Active | $\begin{gathered} \text { On } \\ \text { time } \end{gathered}$ | Asking | Answering | Giving <br> opinion |
| 1 | Banana | 4 | Yes | 3 | 3 | 3 |
| 2 | Orange | 6 | Yes | 5 | 4 | 3 |
| 3 | Apple | 6 | Yes | 5 | 5 | 6 |
| 4 | Fruit Star | 5 | Yes | 5 | 5 | 5 |
| 5 | Grape | 3 | Yes | 2 | 1 | 1 |
| 6 | Pineapple | 5 | Yes | 5 | 6 | 5 |
|  | Total | 29 | 6 | 25 | 24 | 23 |
|  | Percentage | 90\% | 100\% | 78\% | 75\% | 72\% |

The result of observation sheet in cycle 1 of second meeting.

| No | Name of Group | Criteria |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Active | On <br> time | Asking | Answering | Giving <br> opinion |  |  |  |  |  |  |  |
| 1 | Banana | 5 | Yes | 4 | 4 | 5 |  |  |  |  |  |  |  |
| 2 | Orange | 6 | Yes | 5 | 4 | 3 |  |  |  |  |  |  |  |
| 3 | Apple | 6 | Yes | 5 | 5 | 5 |  |  |  |  |  |  |  |
| 4 | Fruit Star | 5 | Yes | 5 | 5 | 5 |  |  |  |  |  |  |  |
| 5 | Grape | 4 | Yes | 3 | 4 | 4 |  |  |  |  |  |  |  |
| 6 | Pineapple | 5 | Yes | 5 | 5 | 5 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | Total | 31 | 6 | 27 | 27 | 27 |
| Percentage |  | $97 \%$ | $100 \%$ | $84 \%$ | $84 \%$ | $84 \%$ |  |  |  |  |  |  |  |

Based on the data above, it showed that there were improvements from the first meeting to the second meeting. The students' participation of the first meeting was $84 \%$ and the students' participation of the second meeting was $90 \%$.

These data showed that the average students' participation of the first and the second meeting was $87 \%$. It was along with average of each criteria; active was $93 \%$, on time was $100 \%$, asking was $84 \%$, answering was $79 \%$, and giving opinion was $78 \%$.

## b. Reflection

After the researcher had finished the whole activity, the researcher assessed students' readingresult as in cycle II. From the result, the teacher could calculate the mean of the score students'reading result. The result of the evaluation test in cycle II is as follow:

The Result of Reading Post Test in Cycle II

| No | Students' Code | Score | Qualification |
| :---: | :--- | :---: | :---: |
| 1 | HH | 50 | Not Achieved |
| 2 | SN | 94 | Achieved |
| 3 | KH | 94 | Achieved |
| 4 | DK | 94 | Achieved |
| 5 | JM | 75 | Achieved |
| 6 | SA | 94 | Achieved |
| 7 | HK | Achieved |  |
| 8 | ZF | 94 | Achieved |
| 9 | EL | 75 | Achieved |
| 10 | NI | 88 | Achieved |
| 11 | HT | 94 | Achieved |
| 12 | HR | Achieved |  |
| 13 | FH |  |  |


| 14 | EM | 94 | Achieved |
| :---: | :---: | :---: | :---: |
| 15 | SF | 88 | Achieved |
| 16 | NF | 75 | Achieved |
| 17 | FZ | 44 | Not Achieved |
| 18 | SA | 88 | Achieved |
| 19 | DM | 94 | Achieved |
| 20 | ES | 88 | Achieved |
| 21 | KS | 88 | Achieved |
| 22 | MY | 88 | Achieved |
| 23 | FY | 89 | Achieved |
| 24 | DM | 75 | Achieved |
| 25 | SN | 70 | Achieved |
| 26 | RL | 80 | Achieved |
| 27 | HS | 81 | Achieved |
| 28 | HF | 72 | Achieved |
| 29 | PR | 76 | Achieved |
| 30 | UZ | 74 | Achieved |
| 31 | SI | 75 | Achieved |
| 32 | NK | 70 | Achieved |
|  | Total | 2631 |  |


| Average | 83 |  |
| :--- | :--- | :--- |

Based on the result above, it could be concluded that there were $94 \%$ of the students who passed and 6\% failed in this third cycle. It increased 63\% from the first cycle. The criteria of succes had been determined $85 \%$. It meant that the second cyle was succesful.

## B. The Result of Students' Questionnaires

This section is to discuss about the result of the students' questionnaires in order to know about the students' participation. These questionnaires were given two times. It was in preliminary study and after doing reflection of cycle II.The teacher distributed the questionnaire to 32 students who joined the class at that day.The questionnaires consisted of 5 questions in which each student was free to answer the questions and giving their reasons. It was arranged in yes/no question. It was arranged like it because it was easier and more simple to answer As the result of analyzing the questionnairesare elaborated as follow:

1) Questionnaires of Preliminary Study

In this section, the teacher distributed questionnaires to the students. These questionnaires consisted of five questions. It arranged in yes/no question. Students were free to answer and give the reasons. The result of these questionnaires are elaborated as follow:

For the question "Do you enjoy studying English?" There were only 5 (15\%) students stated that they enjoyed studying English and 28 (87\%)
studentsstated that they did not enjoy.Their reasons why they did not enjoy English because the teacher explained ungainly.

Next, for the second question "Are you active in teaching and learning English?" In answering this question, 12(38\%) said that they were active in teaching and learning English but there were 20 (62\%)students were not active.

From the students' answers about the question "Do you always read your English material at home?"'There were only 7 (22\%) students answered that they read their English material at home. While 25(78\%) said that they did not read it.

Next, the responses to the question "Do you like your teacher's way of teaching English?"There were only $5(16 \%)$ students who liked their teacher' way of teaching English but 27(84\%)students said that they disliked it.

The last question, "Do you often make a note in teaching and learning English?"There wereonly 12 (38\%) students said they made a note but 20 (62\%) students did not make it.

Finally, many students whole not interested in studying English. The students also felt bored in teaching and learning English.Having these result, the students needed a significant strategy to improve their interest to study English.
2) Questionnaires of Teaching and learning process using speed reading

In this occasion, the teacher distributed questionnaires to the students. These questionnaires consisted of five questions. It arranged in yes/no
question. Students were free to answer and give the reasons. The result of these questionnaires are elaborated as follow:

For the question "Do you enjoy studying English?"In answering this question, $30(94 \%)$ answered that they enjoyed English. While 2 (6) said that they still did not enjoy it.

Next, for the second question "Are you active in teaching and learning English?" In answering this question, 30 ( $94 \%$ ) students said that were active and2(6\%) students stated they were not active.

Next, the responses to the question "Do you always read your English material at home?" $29(91 \%)$ said that they always read their English material at home and 3 student ( $9 \%$ ) responded that they seldom did it.

From the students' answers about the question "Do you like your teacher's way of teaching English?" There were 30(94\%) answered that they liked their teacher's way of teaching English and 2(6\%) students answered that they disliked it.

The last question, "Do you often make a note in teaching and learning" $28(87 \%)$ students said that they often made a note and4 (13\%) students stated that they did not made it.

Finally, many students liked toward implementing of speed reading in the reading narrative text instructional. Almost of the students were interested to implement of speed reading tehnique to increase narrative text of the students reading skill in the teaching and learning of reading narrative text. It also could increase the students' interest and reading narrative text ability in MTs.S Babul

## a. Discussion

In this sub-chapter, the researcher would like to describe and discuss the findings of the research. As mentioned in the previous chapter that in this research, the researcher intended to concern the implementation speed reading to improve students' skill in reading narrative text. In this research, the researcher used classroom action research. Its purpose was to know whether there was implement of students' skill in reading narrative text or not after being taught using speed reading especially in narrative.

In the meantime, the researcher presented the result of research and the analysis of the data were collected through pre-test and two times of treatments. Pre-test was conducted in preliminary study. Two times of treatments were the teaching and learning processes and the assessment tests were conducted as implementation done. In the teaching and learning processes, the teacher was conducted in three phases namely: pre-reading, whilst-reading, and post -reading. Here is the descriptions of the result as following:

## b. The Analysis of Preliminary Study

In this activity, the teacher gave a piece of paper and the students were asked toanalyze generic structure of narrative text. Based on the observation in this activity, most of the students had difficulties in analyzing generic structure of narrative text. It could be seen from their reading result. After implementing the pre-test, the researcher assessed the result of the students' reading. From the result.

From the result of the table above, there were 3 (10\%) students got good mark, 19 (60\%) students got fair mark. The average of students' score of preliminary test was 55 points. It was in line with the students' result, the teacher intended to improvement the students' score that was 15 points from the average score of pre-test. It also explained in the criteria of succes of the implementation speed reading can be said succesful if $85 \%$ of students' reached standard minimum score that was 70 . Therefore, The researcher was aware that most the students in the A seventh grade still had difficulties to analyze a narrative text. Most of them could not analyze generic structure well. Therefore, the students had low motivation in learning reading.

## 1. The Analysis of Cycle I

The first cycle was teaching and learning process and the assessment. In the teaching learning process of this cycle, teach students reading narrative text with phases technique. Then, the researcher gave the test for first cycle. After whole activities had finished, the researcher assessed the students' reading result. From the result, researcher calculated the mean of the score students'. From the result of the first cycle, there were $7(22 \%)$ students got good mark, $18(56 \%)$ students got fair mark. The average of students' score of post-test in first cycle was 63 points. It increased 8 points from the pre-test. and it could be concluded that first cycle was unsuccessful enough. In first cycle, the researcher analyzed that some students still had difficult to analyze generic structure of narrative text, particularly in generic structure components. Based on the problem above, the teacher conducted cycle 2 in
order to improve the students narrative text. The researcher decided to conduct the next cycle and give better explanation.

## 2. The Analysis of Cycle II

In this cycle, the teacher reviewed the previous lesson and gave teaching reading narrativetext. In this cycle, students could improve their ability in analyzing. Based on the observation, the majority of the students joined the class fervently. All activities in the cycle II could run well. It can be seen from their responses.While the teacher was presenting the lesson, majority of the students were paying attention to the teacher. Same as the previous meeting, the researcher gave the test. The theme of reading test in this cycle was analyzing "Sangkuriang and Dayang Sumbi" text. From the result of students' test.

From the result of the second cycle, there were 10 (31\%) students got good mark, $1(3 \%)$ students got fair mark. The average of students' score of post-test in second cycle was 83 points. It increased 20 points from the first cycle. and it could be concluded that first cycle was successful enough, it showed that there were improvements from cycle I to cycle II. The result of this cycle was also considered as implementation. It was better than the previous one. The average of students' test result of this cycle was 83 with the highest score was 94 and the lowest score was 44 . The researcher concluded that the problems have been using narrative text and the teaching and learning process was effective to improve their reading skill. Thus, by this result, the researcher found that the criteria of succes $85 \%$ was passed.

## 3. The Analysis of the Whole Meeting

Based on concluded that in the preliminary study, all of the students have been doing the test, and the averageresult was 55 . In this activity, almost of the students were not ready to read and analyze. There were only 2 (6\%) students could achieve score 70or more and the30 (94\%) could get under score 70.

In the cycle I, there were improvements from preliminary study. The average result was 63 .There were $10(31 \%)$ students who achieved score 70 and 22 (69\%) students who did not achieve score 70.

In the cycle II, the average of students score result was 83 . It meant that there were improvements from cycle I. It show that there were significant improvements in students' achievement. There were 30 ( $94 \%$ ) students who achieved score 70 and $2(6 \%)$ students who achieved under score 70 . Furthermore, the using of speed reading as a learning aid was helpful in the process of teaching and learning reading narrative text.

Based on above, it was concluded that there was some significant improvements of students' participation from cycle I and cycle II. The students' activeness was $39 \%$ in cycle I and $93 \%$ in cycle II. It meant that it increased $54 \%$. The students' timing was $49 \%$ of cycle I and $100 \%$ of cycle II. It improved 51\%. In addition, students' participation in asking was 34\% of cycle I and 84 of cycle II. It increased $50 \%$. In answering some questions, students' participation was $26 \%$ of cycle I and 79 of cycle II. It increased $53 \%$. The last, students' participation of giving opinion was $26 \%$ of cycle I and 78 of cycle II. It improved $52 \%$. Finally, learning speed reading
was helpful and interacting the students in the process of teaching and learning reading narrative text.

Based on above, it was concluded that there was some significant improvements of students' interest from before and after treatment. There were 5 (15\%) students said enjoyed studying English. While there were 30 ( $94 \%$ ) students who stated that enjoyed studying English after being given treatment. 12 (38\%) students said that they were active in teaching and learning English and $30(94 \%)$ students were active after being given treatment. Then, there were 7 (22\%) students who always read the English material at home but it increased becoming 29 (91\%)students who stated that they always read their English material after being given treatment. Next, 5 (16) students who said that they liked how their teacher taught them. While it increased 30 ( $94 \%$ )students who stated that they liked their teacher's way of teaching after being given treatment. The last, there were 12 (38\%) students stated that they often made a note in teaching and learning English and it increased $28(87 \%)$ students often made a note in teaching and learning English after being given treatment. Finally, the use of learning speed reading was helpful and interacting the students' interest in the process of teaching and learning reading narrative text.

In relation to the results of this research, The researcher found that there was significant difference between the students' ability, students' participation, and students' interest who were taught those taught before using speed reading. Those who were taught using speed reading was better..

It meant that speed reading could help the students in improving in their skill in reading narrative text. It could also help the teacher to improve the students' 'participation and interest in reading narrative text. Teaching reading using speed reading could stimulate the students in improving their reading narrative text. So, the students' achievement who were taught reading narrative text .

## CHAPTER V

## CONCLUSION AND SUGGESTION

This chapter discusses about conclusion and sugestion on the basis of the research finding and discussion presented in the previous chapter.

## A. Conclusion

From the discussions mentioned in the previous chapter, the researcher draws some conclusions as the result of the study in the on Second Grade of MTs,S Babul Ulum', the implementation of speed reading increase narrative text. There are the conclusions of this study:

## a. Theoritical Conclusion

The use of speed reading to improve students' skill in narrative text was an alternative way. The use of speed reading very useful in teaching and learning English. The speed reading was easy to use because it did not require any equipment. Moreover, speed reading was the strategy that could make students more interested in the material of reading narrative text. By using speed reading, teacher could stimulate the students to analyze the generic structure of narrative text. Speed reading was an excellent learning, the students only developed their understanding and analyzed the generic structure of narrative text. Speed reading was interesting and could motivate students to learn English reading easily.

## b. Empirical Conclusion

Based on the result of the research that had been done in two cycles (cycle I and Cycle II), it could be gotten the conclusions that there was an improvement. The students' skill in narrative text improved after being taught by using speed
reading. The implementation of speed reading as a learning aid to improve students' ability in reading narrative text was very effective. It was supported by the significance result of students score in the pre-cycle (55), Cycle I (63), and Cycle II (83). The using of speed reading in teaching and learning English was interesting for the students; it could be seen in the result of observation and the result of the test. The researcher speed reading as learning because it could motivate students to learn English reading more fun and easily. However, there were some problems in using speed reading to improve students' reading skill, for example some of students still confused in instruction because some of them never analyzed the generic structure of narrative text in speed reading. So the English teachers had to give some explanation about speed reading.

## B. Suggestion

From the conclusion above, there are some suggestions that are proposed by the writer:

## 1. The Teacher

The teacher can make the teaching and learning process interesting by speed reading in order to make the students easy to understand in learning English.

The teacher could evaluate students, how deep they understand the material in each meeting.

## 2. The Students

The researcher hopes that the students can find a way to improve their ability especially in narrative text by various ways for example by using speed reading.

## 3. The Further Researcher

The further researcher can use the result of this study as reference to other researches with different skills or subject.

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[^0]:    ** Pertinggal **

